

NOVEMBER 19 • 8AM - 5PM

# PRO-CHOICE RALLY



Bring your own sign and mask!

FREE YOGA WITH *Carla Wainwright*



**Chair Yoga - Stretch At Your Desk**  
**NOVEMBER 19, 2020**  
**12:00PM - 1:00PM**

Learn how to find time and space to move your body and (re)focus in the middle of your day.


ACCESS ONLINE:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

Part of Inspiring Women Among Us 2020 [iwau.ca/iwau2020](http://iwau.ca/iwau2020)

**MAPPING IN A MAN'S WORLD**

Join Rosemary Wardley (National Geographic) for this joint NRESI Colloquim:

Mapping in a Man's World-Amazing Tales of Feminist and Queer Mapping Adventures in a Male-Dominated Field



**Nov. 20**  
**5:30PM- 5:00PM**

ACCESS ONLINE:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

**IMPOSTER SYNDROME**

Sharing Stories and Strategies

Zandra Ross leads a session about imposter syndrome. Share stories and strategies for success.




**TUES NOV. 24**  
**12:00PM - 1:30PM**

ACCESS ONLINE:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

Inspiring Women Among Us 2020

**National Day of Remembrance and Action on Violence Against Women**



Inspiring Women Among Us 2020

**National Day of Remembrance and Action on Violence Against Women**

Nov. 25  
**11:00AM-12:30PM**

Gather online to mark the anniversary of the Montreal Massacre, and to recognize The National Day of Remembrance and Action on Violence Against Women (Dec 6).

Access event at: [bit.ly/iwau-2020](http://bit.ly/iwau-2020)

**CLAIMING SPACES**  
 Launch Party

**TUES NOV 24**  
**5:30 - 6:30PM**

Learn about a new resource created by Inspiring Women Among Us featuring leadership resources for youth in underrepresented communities.

Watch videos at [iwau.ca/claimingspaces](http://iwau.ca/claimingspaces) & come to discuss. Youth welcome!

Access event online at:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

Inspiring Women Among Us 2020

**BOOKS OF INFLUENCE**

**NOVEMBER 18**  
**12:00PM - 1:30PM**

A book panel with community discussion and a compilation of inspiring books. Come ready to listen, participate, and to suggest a book or two! Moderated by Catherine Hansen (CBC)

**ACCESS ONLINE:**  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

Panelists:  
 Faith Fundal  
 Mackenzie Kerr  
 Joyce Henley

**REIMAGINING FEMINISM IN CONTEMPORARY COLLAGE**

**NOV. 23 9:00-10:30AM**

Sara Knelman (Executive Director of Two Rivers Gallery) tells us about how artists have used collage to explore



INSPIRING WOMEN AMONG US 2020

**READING, RESILIENCY, AND INDIGENOUS LEADERSHIP**

Professional planner and author Elaine Alec will read from and speak to her 2020 book *Calling My Spirit Back*.

**MONDAY NOVEMBER 23, 4:30PM - 6:00PM**

Access event online at [bit.ly/iwau-2020](http://bit.ly/iwau-2020)

Learn how mentorship can lift us up and support equity in the cultural sector. Led by Shawna Dempsey, internationally renowned artist and co-director of MAWA: Mentoring Artists for Women's Art.

**ACCESS ONLINE:**  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

**MUSINGS**

**NOVEMBER 21 - 4:00PM-5:00PM**

Join Two Rivers Gallery MakerLab Coordinator Briana Sadler as she presents a video interview and live Q&A with **Leanna Carlson**, a ceramic artist living and working in Prince George.

ACCESS ONLINE:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

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**NOVEMBER 21 - 4:00PM-5:00PM**

Join Two Rivers Gallery MakerLab Coordinator Briana Sadler as she presents a video interview and live Q&A with **Leanna Carlson**, a ceramic artist living and working in Prince George.

ACCESS ONLINE:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

**My Prairie Home Film Discussion**

Gather to discuss the film and about musician Rae.

Hosted by GenderOut

Please watch film at: [nfb.ca/film](http://nfb.ca/film)


FREE YOGA WITH *Carla Wainwright*



INSPIRING WOMEN AMONG US 2020

**PRO-CHOICE RALLY**

**NOVEMBER 19 • 8AM - 5PM**



INSPIRING WOMEN AMONG US 2020

**PRO-CHOICE RALLY**

**NOVEMBER 19 • 8AM - 5PM**



FREE YOGA WITH *Carla Wainwright*



## 2020 Report

- Zoë A. Meletis
- Annie Pumphrey
- Annie Booth
- Brenda Clotildes



# INSPIRING WOMEN AMONG US 2020

## SHARING POWER NOW! DIVERSIFYING LEADERSHIP

**NOV. 23 9:00-10:30AM**

Sara Knelman (Executive Director of Two Rivers Gallery) tells us about how artists have used collage to explore feminism and resistance both historically and

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[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

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THANK YOU TO OUR PARTNERS, SPONSORS, DONORS, SPEAKERS, AND PARTICIPANTS!

SPONSORS





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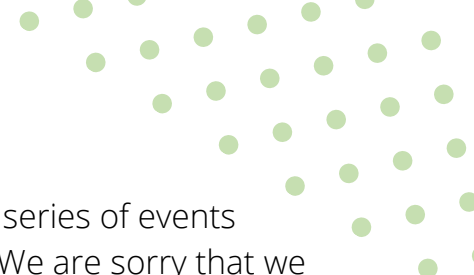
# Welcome

“IN ORDER TO HEAR OTHERS, YOU SHOULD BE SILENT”  
-URSULA GUIN

“CARING FOR MYSELF IS NOT SELF-INDULGENCE, IT IS A SELF-PRESERVATION AND THAT IS AN ACT OF POLITICAL WARFARE”  
-AUDRE LORDE

The quotes above represent two reasons we thought it important to persevere and host IWAU 2020. Moving to an all-online format due to COVID-19 restrictions, we ceded space for important voices and cared for ourselves and others. The Black Lives Matter movement at home and in the US and the ongoing work from Indigenous leaders and scholars in Canada stress the importance of representation, understanding, and investment in true change. We focused on listening to and learning from such voices, with an eye to diversifying leadership. The 2020 US election, among other events, showed us how much this kind of gathering and conversation is needed by illustrating that sexism, misogyny, racism, and white supremacy are all alive and well and seeking to prevent underrepresented voices from gaining power. All of this made our 2020 theme **Sharing Power Now! Diversifying Leadership** quite timely.

We host IWAU in defiance of the cultural pressures to sit, smile, and behave. In this difficult year, we achieved our usual goal of bringing people together in the community, to learn from and to celebrate women and other members of underrepresented groups. We are particularly grateful for the contributions from transgendered community members and Indigenous speakers every year. We offer support and solidarity in working towards an improved understanding of gender relations and equity.



We did not know exactly what to expect when moving to an online series of events (Nov. 18-25) but we are pleased with the outcomes and feedback. We are sorry that we did not succeed in reaching some of our regular and long term participants, however. We also know that COVID-19 has been particularly hard on women, especially women of colour, and we respect that some people were simply unable to attend given additional burdens.

Some IWAU things were the same as usual: with support from **11 community partners, we hosted 22 events** (schedule on page 13); **hundreds of people participated** (over 360); invited guests responded positively to invitations and events; we shared space together and discussed persistent barriers and challenges faced by girls, women, and others. We also continued our growing focus on intersectional feminism; we addressed unconventional topics and offered diverse activities, politely pushed the limits of partner organizations and their practices; we enjoyed beautiful posters and insightful questions from students and others in our midst, and we were recognized with another Official City Proclamation.

Some things were quite different this year. For one, Brenda Clotildes took on more of an organizational leadership position (thank you, Brenda!). We also received outstanding technical support from UNBC's Centre for Teaching, Learning, and Technology (thank you Grant and Jacquelyn!), and most attendees seem to access sessions with relative ease. We welcomed participants from further afield thanks to technology (e.g. MB; ON; NY; OH; DC). And, although we could not gather and socialize in person (such a loved part of IWAU, with informal access to participants and invited guests), we ran coffee/tea tabs at 5 local businesses, hoping to warm bellies and souls pre/post events. Online hosting also offers the potential to share more event-related resources thanks to special guests/speakers, CFUR Radio, Global Fridays, and NRESi. We are working on posting links to resulting talks, videos, and notes. Please see [iwau.ca](http://iwau.ca) for updates.

All in all, IWAU was not too shabby! It still managed to draw people together, to energize during a dark/hard time of year, and to offer community and inspiration. And as usual, it was **the people, not the platform** that made IWAU 2020 a success. **BIG THANKS** to all of those who made it possible, again. We particularly thank Dr. Annie Booth who may simply join as a participant next fall, since she will be on sabbatical. We look forward to seeing you all next time!



OUR FIRST EXPERIENCE  
HOSTING A VIRTUAL  
EVENT!



# Taking a look at IWAU 2020



22

free events were offered, including workshops, lectures, discussions, and online community gatherings.



>364

number of attendances from across North America including Ontario, New York State, and Manitoba.



19

PRESENTERS

led events and they were all members of under-represented groups

11

COMMUNITY PARTNERS

were integral to the success of IWAU 2020



Two Rivers Gallery



The Prince George Public Library



The Northern Women's Centre



2

STUDENTS

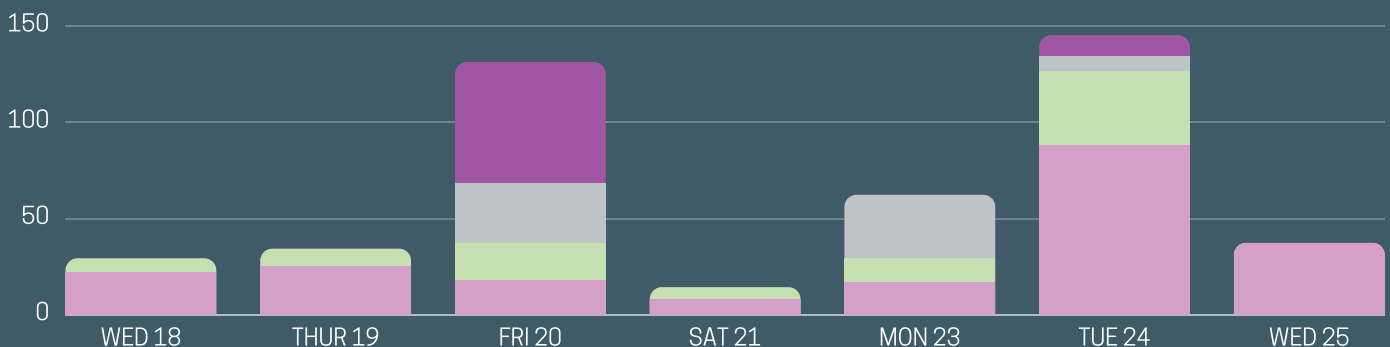
gained valuable experience through volunteer and paid positions.

5

LOCAL BUSINESSES

were supported through our coffee and tea tabs including The Makerie, Uda Dune Baiyo (The House of Ancestors), NUGSS' Degrees @ UNBC, Zoe's Java House and Café Voltaire.

## ATTENDANCE AT SESSIONS



Approximate attendance total of 364. Colours represent separate events.

“I really enjoyed the conversations (...) in both workshops. I think the world of your community. You all make things happen; you all get things done.”

*-Shawna Dempsey, internationally renowned artist and Co-Director of Mentoring Artists for Women's Art (Winnipeg). She gave two mentorship-related workshops at IWAU 2020.*

“

I just wanted to say that I attended the Imposter Syndrome webinar yesterday and it was AMAZING! The facilitator was really dynamic and it was incredibly engaging for a webinar. Thank you for sharing.

*-Emily Duncan, at the University of Guelph*

”

“

The lecture I attended for IWAU was fascinating. That GIS specialist from National Geographic was hyper-talented and very modest...

*-Hugues Massicotte, retired UNBC Professor*

”



IWAU's social media and web presence increased substantially for the 2020 event, including the building of a new website and social media plan.

# Review of Events

*Memorable moments, questions raised, and ideas forwarded during IWAU 2020*

IWAU 2020 kicked off in an unusual way with a live welcome to the traditional and unceded territory of the **Lheidli T'enneh**, led by **Elder Darlene MacIntosh** being interrupted by a fire drill. We took it as good luck! Thank you to Annie and Darlene for putting up with the interruption.

Local CBC personalities **Faith Fundal** and **Catherine Hansen**, alongside community members **Mackenzie Kerr** and **Joyce Henley**, fired up IWAU 2020 with a lively panel about **Books of Influence**, co-hosted with the **Prince George Public Library**, giving us all ideas for books to read.

Over 25 people braved the cold outdoors for another great **Northern Women's Centre Pro-Choice rally** near our local hospital. Signs were held, fun was had, and we received lots of supportive honks.

Inspiring Women Among Us 2020

## BOOKS OF INFLUENCE

**NOVEMBER 18**  
**12:00PM - 1:30PM**

Panelists:  
Faith Fundal  
Mackenzie Kerr  
Joyce Henley

A book panel with community discussion and a compilation of inspiring books. Come ready to listen, participate, and to suggest a book or two! Moderated by Catherine Hansen (CBC)

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## PRO-CHOICE RALLY

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Rally will be located on 15th Avenue, adjacent to the University Hospital of Northern British Columbia (UHNBC)

Part of Inspiring Women Among Us 2020  
[iwau.ca/iwau2020](https://iwau.ca/iwau2020)





This year, we were honoured that the IWAW flag shared the city flagpost with the Métis Nation flag in celebration of Métis Week.

**Gender Outlines' Bryn Hanks, and Two Rivers Gallery's Yahlnaaw** created 3 events to help mark the **2020 International Transgender Day of Remembrance**. These included a podcast-related Q&A, a ceremony and discussion about transgender safety, and a film-related discussion. (NFB film **My Prairie Home** about non-binary Canadian musician Rae Spoon).

Poet **Junie Désil** reminded us in her Global Fridays talk that a commitment to anti-racism work requires investments in initiatives, supports, leadership training, and mentorship. It also entails creating space for BIPOC-led committees and adequately compensating BIPOC members for their time. She delivered an excellent talk on racism in Canada, and a writing workshop.

**Rosemary Wardley**, Senior Cartographer at **National Geographic**, took us on queer and feminist mapping adventures, where we learned about the Lesbian Herstory Archives, [outgoingnyc.com](http://outgoingnyc.com), and [@GeoChicasOSM](https://www.instagram.com/GeoChicasOSM). Her talk was attended by more than 60 people tuning in from locations across and well beyond northern BC.

Via a **Two Rivers Gallery**-hosted event, local ceramicist **Leanna Carlson** taught us about the process of digging and drying your own clay (it takes about two years to cure!), as well as showcasing the various types of throwing and glazing she has used in her decades-long career.

**Sara Knelman**, the new Executive Director of **Two Rivers Gallery** introduced us to the world of collage and collage-inspired art as feminist social commentary.



NOV 20, 2020

9:00AM - 10:00AM

**Learning from Sharing: A Series of Voices on Diversity- "To Thine Own Self be True"**  
with **Jenny McCormick**

Yahlnaaw, Indigenous Programmer at the Two Rivers Gallery, interviews **Jenny McCormick**, a transgender woman living in Northern BC, about her coming out at 47. She talks about fear, acceptance, transgender care, and working in forestry.

Find link on our website: [iwau.ca/iwau2020](http://iwau.ca/iwau2020)



**JUNIE DÉSIL**

**REPRESENTATION MATTERS**  
THINKING ABOUT RACISM IN CANADA

FRIDAY NOV 20  
12:00pm - 1:30pm

Join Junie Désil as she discusses racism and representation in Canada. Part of UNBC's **Global Friday Speakers Series**.

Access event online at:  
[bit.ly/unbc-global-fridays](http://bit.ly/unbc-global-fridays)

**MAPPING IN A MAN'S WORLD**

Join Rosemary Wardley (National Geographic) for this joint NRESI Colloquium:

Mapping in a Man's World-Amazing Tales of Feminist and Queer Mapping Adventures in a Male-Dominated Field

Nov. 20  
3:30PM - 5:00PM

**MAKER MUSINGS**

NOVEMBER 21 - 4:00PM-5:00PM

Join Two Rivers Gallery MakerLab Coordinator Briana Sadler as she presents a video interview and live Q&A with **Leanna Carlson**, a ceramic artist living and working in Prince George.

**REIMAGINING FEMINISM**  
IN CONTEMPORARY COLLEGE

**Elaine Alec**, author, Indigenous planner and Founding member of **Alderhill Planning**, read from her powerful book **Calling My Spirit Back**, and asked “Where do you find your strength?” She shared stories of her struggles and successes, and reminded us that “knowledge is no good if you don’t share it.”

**Shawna Dempsey**, successful artist and **MAWA**-based mentoring expert, reminded us of key roles mentors can play as well as assets and strategies they can bring. She invited us to try our hands at role-playing mentors and mentees and to reflect on what makes a good mentor.

Members of **Claiming Spaces** met online with **Mayor Lyn Hall** and UNBC Acting President **Dr. Geoff Payne** to discuss the project’s video resources (primarily aimed at youth), the process, and possible expansions. Claiming Spaces is a collaborative project between IWAU and **The City of Prince George**, with funding from the **Federation of Canadian Municipalities**. We hired two talented graduate students (Penina Harding and Annie Pumphrey) during the summer of 2020. See their work at [iwau.ca/claimingspaces](http://iwau.ca/claimingspaces).

**Carla Wainwright** of **Chinook Yoga** led a group through chair yoga moves, reconnecting us with our bodies and reminding us that even stretching in our chairs can bring joy, inspiration, and re-connection with our bodies.

**PGPIRG’s Dara Campbell** and **Mindy Gobbi** (UNBC Recruitment) contributed material on intersectional identities, racism, and feminism to a special IWAU podcast. It was an episode of **The Abstract** (thank you Kristen and Jeremy!), a podcast featured on **CFUR** and other listening platforms (Spotify; Apple podcast store). The (free) episode also features a winning segment on beauty standards, from 1st year UNBC student **Nadia Mansour** who won the IWAU 2020 podcast contest run by Dara and Mindy.

INSPIRING WOMEN AMONG US 2020

## READING, RESILIENCY, AND INDIGENOUS LEADERSHIP

Professional planner and author **Elaine Alec** will read from and speak to her 2020 book **Calling My Spirit Back**.

**MONDAY NOVEMBER 23, 4:30PM - 6:00PM**

Access event online at: [bit.ly/iwau-2020](http://bit.ly/iwau-2020)

## MENTORING WORKSHOP

WITH **SHAWNA DEMPSEY**

**NOV. 23  
11:00AM -  
1:00PM**

Start the week off with an interactive workshop led by **Shawna Dempsey**, internationally renowned artist and co-director of **MAWA: Mentoring Artists for Women's Art**.



ACCESS ONLINE:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

## CLAIMING SPACES Launch Party

**TUES NOV 24  
5:30 - 6:30PM**

Learn about a new resource created by Inspiring Women Among Us featuring leadership resources for youth in underrepresented communities.

Watch videos at [iwau.ca/claimingspaces](http://iwau.ca/claimingspaces) & come to discuss. Youth welcome!

Access event online at:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)



## FREE YOGA WITH *Carla Wainwright*

**EARTH EMBODIMENT  
PRACTICES FOR WOMXN  
NOVEMBER 24, 2020  
10:00AM - 11:00AM**

Breathe, move, and celebrate your body.

ACCESS ONLINE:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)



Part of Inspiring Women Among Us 2020  
[iwau.ca/iwau2020](http://iwau.ca/iwau2020)



announcing...

**PODCAST  
IS LIVE!**

To access the podcast, go to the Two Rivers Gallery Facebook page, click "more" and then click "videos"

Podcast is available on all social media pages

**Sarah Boyd**, Executive Director of the **Northern Women's Centre**, successfully led the first online Prince George commemorative ceremony for **the National Day of Remembrance of and Action on Violence Against Women** (and the Montreal Massacre), on Nov. 25, with help from many memorable speakers, students, and other special guests.

Inspiring Women Among Us 2020

National Day of  
Remembrance  
and Action on  
Violence Against  
Women



Nov. 25  
11:00AM-12:30PM

Gather online to mark the anniversary of the Montreal Massacre, and to recognize The National Day of Remembrance and Action on Violence Against Women (Dec 6).

Access event at: [bit.ly/iwau-2020](https://bit.ly/iwau-2020)

## Connections with Local Businesses and Partners

Inspiring Women Among Us always aims to invest in social/community aspects during our events and to reach out to local businesses as possible. As part of the 2020 events, we paid for coffee/tea tabs at the following local businesses: Books and Company's Café Voltaire; The Makerie; Una Dene Baiyo/House of Ancestors; and NUGGS' Degrees @ UNBC; and Zoe's Java House.

IWAU 2020 media partner The Jim Pattison Broadcasting Group was integral to our success, and we are also grateful for coverage received from CBC Radio, CFIS Radio, CFUR Radio, CKPG TV, and Prince George Matters.

Our major partners most years since 2015 have been UNBC and the City of Prince George. We are so grateful for their ongoing support. This year there were IWAU flag raisings in both places and it was, by City Proclamation, IWAU Sharing Power Now! Week between Nov. 18-25th, 2020. We thank The Social Sciences and Humanities Council of Canada for funding in prior years.

Other community partners who contributed to our 2020 success and to other years are the Global Friday colloquium at UNBC; the Natural Resources and Environmental Studies Institute; The Northern Women's Centre; PGPIRG; The Prince George Public Library; Two Rivers Gallery; and CFUR (who live broadcast several events). We would also like to thank The Centre for Teaching, Learning, and Technology at UNBC for providing us with our tiny url and Jacquelyn, our amazing online tech support person.



**November 18 -25, 2020 is proclaimed as  
“Inspiring Women Among Us Week” in the City of Prince George, whereas:**

“Inspiring Women Among Us (IWAU) aims to extend community-based discussions and actions with respect to reducing violence against women, and improving gender relations beyond important one day events and commemorative ceremonies typically held in recognition of Dec. 6th: our National Day of Remembrance and Action on Violence Against Women.

IWAU is meant to both celebrate the achievements of women and girls, but also to draw attention to persistent gender-related inequities in our society, via offering an accessible and inclusive community-oriented series of free talks, workshops, panels, activities, films, and discussions to all interested in attending.

These events will present us with opportunities to reflect upon and address persistent barriers to access and success for women and girls as well as other underrepresented groups, for the benefit of society as a whole.

The City of Prince George supports the notion of power sharing across genders, as well as opportunities and accolades made for female leadership, and recognizes the expertise and contributions made by all members of society. The City and IWAU believe in promoting increased equity for the betterment of society.



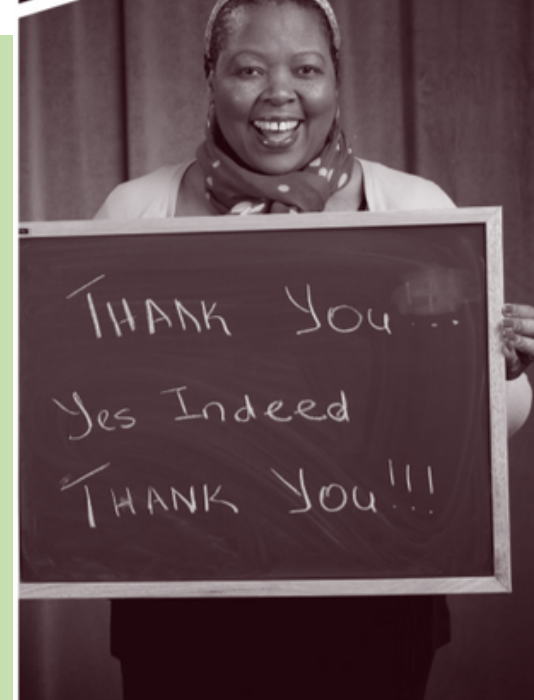
**Proclaimed by  
Mayor Lyn Hall**

# IWAU Awards

We work hard to keep Inspiring Women Among Us a free event and to provide accessible resources. For those who are interested in financially contributing to IWAU, we direct funding towards the **IWAU Student Award** at UNBC.

The **IWAU Student Award** is a non-academic award given to self-identifying women pursuing a degree at UNBC. Every year, the award is over-subscribed, and we receive applications from incredible women with heartbreaking stories about financial barriers and tough choices. Four awards of \$1000 each were awarded to deserving students in 2020/21.

Please consider donating. Find out more about IWAU Awards at [iwau.ca/iwau-awards](http://iwau.ca/iwau-awards). We welcome individual donors and are currently looking for corporate sponsors.



**17 AWARDS**

Given over the past five years

**> \$36,000**

has been raised to date

DONATE



Visit [unbc.ca/giving](http://unbc.ca/giving) and choose "Inspiring Women Among Us Award"

Inspiring Women Among Us 2020 Presents

# Books of Influence

A Canada Reads-style panel,  
with community discussion and a compilation of inspiring books

**Wednesday November 18th**  
12pm-1:30pm

Moderator: Catherine Hansen (CBC)  
Panelists: Faith Fundal;  
Joyce Henley;  
and Mackenzie Kerr

**Come ready to listen, participate,  
and to suggest a book or two!**

Access Event Online: [bit.ly/iwau-2020](https://bit.ly/iwau-2020)

Inspiring Women Among Us 2020 Presents

Movement workshop

# Every Body Beautiful

Move with us and rediscover the power of your body

All bodies welcome; no need for prior experience or a particular level of fitness.

Access Event Online: [bit.ly/iwau-2020](https://bit.ly/iwau-2020)

**Wednesday Nov 18th**  
4:30PM - 5:30PM  
[iwau.ca/2020](https://iwau.ca/2020)

With fitness guru **Zandra Ross**

**NOVEMBER 19 • 8AM - 5PM**

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Rally will be located on 15th Avenue, adjacent to the University Hospital of Northern British Columbia (UHNBC)

Part of Inspiring Women Among Us 2020  
[iwau.ca/iwau2020](https://iwau.ca/iwau2020)

**FREE YOGA WITH** *Carla Wainwright*

**CHAIR YOGA - STRETCH AT YOUR DESK**  
**NOVEMBER 19, 2020**  
12:00PM - 1:00PM

Learn how to find time and space to move your body and (re)focus in the middle of your day.

**EARTH EMBODIMENT PRACTICES FOR WOMEN**  
**NOVEMBER 24, 2020**  
10:00AM - 11:00AM

Breathe, move, and celebrate your body.

No need for prior experience or particular level of fitness

**ACCESS ONLINE:**  
[bit.ly/iwau-2020](https://bit.ly/iwau-2020)

Part of Inspiring Women Among Us 2020  
[iwau.ca/iwau2020](https://iwau.ca/iwau2020)

Inspiring Women Among Us 2020 Presents  
[iwau.ca/2020](https://iwau.ca/2020)

# Chair Yoga Stretch at Your Desk FOR EVERY BODY

Join Carla from Chinook Yoga, and learn how to find time and space to move your body and (re)focus in the middle of your day

No prior experience or particular fitness level required

**Thursday November 19th**  
12PM-1PM

Access Event Online: [bit.ly/iwau-2020](https://bit.ly/iwau-2020)

INSPIRING WOMEN AMONG US 2020

# JUNIE DÉSIL

Junie Désil is a poet who has performed at various literary events and festivals, and has recently published the new poetry collection **Eat Salt Gaze at the Ocean**.

Stop by **Degrees** (Friday) between **11AM-12PM** or **Zoe's Cafe** (Saturday) between **12-1PM** for a free coffee by sharing our passcode: "I'm ready to share power now!"

**REPRESENTATION MATTERS**  
THINKING ABOUT RACISM IN CANADA  
**FRIDAY NOV 20**  
12:00pm - 1:30pm

Join Junie Désil as she discusses racism and representation in Canada. Part of UNBC's **Global Friday Speakers Series**.

Access event online at: [bit.ly/uncb-global-fridays](https://bit.ly/uncb-global-fridays)

**CREATIVE WRITING WORKSHOP**  
**SATURDAY NOV 21**  
1:00pm - 2:30pm

Join an interactive reading and workshop with prompts and texts. Engage with community and come out with a piece of writing of your very own.

Access event online at: [bit.ly/iwau-2020](https://bit.ly/iwau-2020)

**GLOBAL FRIDAY**

[iwau.ca/iwau2020](https://iwau.ca/iwau2020)

NOV 20, 2020

# INTERNATIONAL TRANSGENDER DAY OF REMEMBRANCE

**9:00AM - 10:00AM**

**Learning from Sharing: A Series of Voices on Diversity - "To Thine Own Self be True" with Jenny McCormick**

Yahinaav, Indigenous Programmer at the Two Rivers Gallery, interviews Jenny McCormick, a transgender woman living in Northern BC, about her coming out at 47. She talks about fear, acceptance, transgender care, and working in forestry. Listen to the podcast before, (available after Nov 13), and come for a Live Q&A.

Access at: [learningfromsharing.com/cast/a-series-of-voices-on-diversity-to-thine-own-self-be-true-with-jenny-mccormick](https://learningfromsharing.com/cast/a-series-of-voices-on-diversity-to-thine-own-self-be-true-with-jenny-mccormick)

**10:30AM - 11:45AM**  
**Community Discussion**

Ceremony and community discussion regarding transgender safety. Hosted by **GenderOutlines**, with WAWAV Rape Crisis Centre

**7:00PM - 9:00PM**  
**"My Prairie Home" - Film Discussion**

Gather to discuss the film about musician Rae Spoon. Hosted by **GenderOutlines**. Please watch film before session, available at: [nfb.ca/film/my\\_prairie\\_home](https://nfb.ca/film/my_prairie_home)

Stop by **House of Ancestors** or **Zoe's Cafe** between **9:30-10:30AM** or **Degrees Coffee** between **2:30-3:30PM** for a free coffee by sharing our 'passcode' (found on our site)

**ACCESS EVENTS ONLINE:**  
[bit.ly/iwau-2020](https://bit.ly/iwau-2020)

Part of Inspiring Women Among Us 2020  
[iwau.ca/iwau2020](https://iwau.ca/iwau2020)

# Maker Musings

Briana Sadler & Leanna Carlson on creating clay

Access Event Online: [bit.ly/iwau-2020](https://bit.ly/iwau-2020)

Join Two Rivers Gallery MakerLab Coordinator Briana Sadler as she presents a video interview and live Q&A with Leanna Carlson, a ceramic artist living and working in Prince George.

**SATURDAY NOV. 21**  
4:00PM-5:30PM

Inspiring Women Among Us 2020  
[iwau.ca/2020](https://iwau.ca/2020)

INSPIRING WOMEN AMONG US 2020

# READING, RESILIENCY, AND INDIGENOUS LEADERSHIP

Professional planner and author **Elaine Alec** will read from and speak to her 2020 book **Calling My Spirit Back**. Elaine Alec is Syilx and Secwepemc, with Colville and Nex Perce Nations roots.

**MONDAY NOVEMBER 23, 4:30PM - 6:00PM**

Access event online at: [bit.ly/iwau-2020](https://bit.ly/iwau-2020)

**CALLING MY SPIRIT BACK**


Stop by **House of Ancestors** (Una Dunie Baiya) between **2:30-3:30PM** for a free coffee by sharing our 'passcode' (found on our site)

**ELAINE ALEC**

PART OF INSPIRING WOMEN AMONG US 2020  
IWAU.CA/2020

**REIMAGINING FEMINISM  
IN CONTEMPORARY COLLAGE**

**SARA KNELMAN**  
(Executive Director of the Two Rivers Gallery)



Learn about international artists such as Loma Simpson, Sara Cwynar, Mickalene Thomas, Farah Al Qasimi, and Hannah Höch

Explore how artists have used collage to explore feminism and resistance both historically and today.

MONDAY NOV. 23  
9:00AM-10:30AM

Access Event Online: [bit.ly/iwau-2020](http://bit.ly/iwau-2020)

**UNBC** UNIVERSITY OF NORTHWESTERN BRITISH COLUMBIA

Prince George Public Library  
**Feminist Storytime**



Please find this event on Facebook Live  
[www.facebook.com/pglibrary](http://www.facebook.com/pglibrary)

Tuesday Nov 24, 11:30am – 12:30pm

Part of Inspiring Women Among Us 2020  
[iwau.ca/2020](http://iwau.ca/2020)

INSPIRING WOMEN AMONG US 2020

**SHAWNA DEMPSEY**

**MENTORING WORKSHOP** MON. NOV 23  
11:00AM - 1:00PM

Start the week off with an interactive workshop led by Shawna Dempsey, internationally renowned artist and co-director of MAWA: Mentoring Artists for Women's Art.

**ACCESS ONLINE:**  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

**MENTORING WORKSHOP** TUE. NOV 24  
7:00PM - 9:00PM

for Artists and Equity in the Arts

Learn how mentorship can lift us up and support equity in the cultural sector.

**maawa** MENTORING ARTISTS FOR WOMEN'S ART

**Two Rivers Gallery**

**IWAU.CA/2020**

INSPIRING WOMEN AMONG US 2020



TUES NOV. 24  
12:00PM - 1:30PM

**IMPOSTER SYNDROME**

Sharing Stories and Strategies

Life coach **Zandra Ross** leads a session about imposter syndrome, or thinking that you don't belong/have enough knowledge/experience, etc.... We'll share stories and strategies for success.

Access event online at:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

**IWAU.CA/IWAU2020**

**ZR** zandraROSS

**INSPIRING WOMEN AMONG US**

Inspiring Women Among Us 2020 Presents

**Earth Embodiment Practices for Womxn**

November 24, 2020  
10:00AM – 11:00AM

Breathe, move, and celebrate your body with Carla from Chinook Yoga.

[iwau.ca/2020](http://iwau.ca/2020)

Access Event Online: [bit.ly/iwau-2020](http://bit.ly/iwau-2020)

**UNBC** UNIVERSITY OF NORTHWESTERN BRITISH COLUMBIA

**CHINOOK YOGA**

**CLAIMING SPACES**  
Launch Party

TUES NOV 24  
5:30 - 6:30PM

Learn about a new resource created by Inspiring Women Among Us featuring leadership resources for youth in underrepresented communities.

Watch videos at [iwau.ca/claimingspaces](http://iwau.ca/claimingspaces) & come to discuss. Youth welcome!

Access event online at:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

**FCM** FEDERATION OF CANADIAN MUNICIPALITIES

**SERVICES RÉGIONNAUX** FEDERATION DES MUNICIPALITÉS DU QUÉBEC

**INSPIRING WOMEN AMONG US**

JOIN THE HOSTS OF CFUR'S **THE ABSTRACT** TO DISCUSS GENDER EQUITY!



**podcast contest**

**how to participate:**

- CHOOSE A GENDER EQUITY OR SOCIAL ISSUE THAT YOU'RE PASSIONATE & KNOWLEDGEABLE ABOUT!
- RECORD A 60-SECOND PITCH + TWO-MINUTE INTERVIEW DEMO

**send your submission by Oct 30**

email Dara (she/her)

**PGPIRG**

**UNBC**

Inspiring Women Among Us 2020

**National Day of Remembrance and Action on Violence Against Women**

Gather online to mark the anniversary of the Montreal Massacre, and to recognize The National Day of Remembrance and Action on Violence Against Women (Dec 6).

Nov. 25  
11:00AM-12:30PM

Access event at: [bit.ly/iwau-2020](http://bit.ly/iwau-2020)

Most posters for IWAU 2020 were designed by students Cassidy Thi My Huynh (College of New Caledonia) and Annie Pumphrey (UNBC)

# SHARING POWER NOW!

DIVERSIFYING LEADERSHIP

Nov 18-25  
2020



Presented by Inspiring Women Among Us

A more detailed schedule can be found on website, [iwau.ca/iwau2020](http://iwau.ca/iwau2020)

Access most events at:  
[bit.ly/iwau-2020](http://bit.ly/iwau-2020)

All events are in Pacific Standard Time

### Partner List:

- GF** Global Fridays
- NRESI** Natural Resources and Environmental Studies Institute
- PGPL** Prince George Public Library
- GO** Gender Outlines
- PGPIRG** PG Public Interest Research Group
- AB** The Abstract Podcast
- CFUR** 88.7 FM
- TRG** Two Rivers Gallery
- NWC** The Northern Women's Centre

**TUE NOV 17**  
11:30 AM  
**Flag Raising**  
City Proclamation for IWAW and flag raising at City of Prince George and UNBC

**WED NOV 18**  
12:00 PM - 1:30 PM  
**Books of Influence**  
A Canada Reads-style panel, with community discussion and a compilation of inspiring books **PGPL**

4:30 PM - 5:30 PM  
**Every Body Beautiful**  
A movement workshop with fitness and lifestyle guru Zandra Ross.

A mug symbol beside an event means there is a complimentary beverage tab. More info on page 2.

**THUR NOV 19**  
8:00 AM - 5:00 PM  
**Pro-Choice Rally**  
Socially distanced rally—bring own sign & mask. Meet at 15th Avenue, adjacent to the University Hospital of Northern British Columbia

12:00 PM - 1:00 PM  
**Chair Yoga**  
Join Carla from Chinook Yoga, and learn how to find time and space to move your body and (re)focus.

**CFUR Podcast Winner**  
IWAW's Podcast winner goes live on CFUR (88.7 FM)

### International Transgender Day of Remembrance

**FRI NOV 20**  
9:00 AM - 10:00 AM  
**Podcast Release**  
Learning from Sharing: A Series of Voices on Diversity. Interview with Jenny McCormick. **TRG**

10:30 AM - 11:45 AM  
**Ceremony & Discussion**  
on Transgender safety. **GO**

12:00 PM - 1:30 PM  
**Representation Matters**  
Join poet Junie Désil on 'Thinking About Racism in Canada' **GF**

3:30 PM - 5:00 PM  
**Mapping in a Man's World**  
Rosemary Wardley: 'Amazing Tales of Feminist and Queer Mapping: Adventures in a Male-dominated Field' **NRESI**

7:00 PM - 9:00 PM  
**My Prairie Home Talk**  
Watch the film about Rae Spoon at nfb.ca & come to discuss! **GO**

**SAT NOV 21**  
1:00 PM - 2:30 PM  
**Creative Writing Workshop**  
Led by Junie Désil **TRG**

4:00 PM - 5:30 PM  
**Maker Musings**  
Live Q&A with ceramicist Leanna Carlson. Pre-watch video on Two Rivers Gallery socials & come to discuss. **TRG**

**SUN NOV 22**  
**DAY OF FEMINIST REST AND RESTORATION**

- ALL GENDERS WELCOME -



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# SHARING POWER NOW!

DIVERSIFYING LEADERSHIP

Nov 18-25  
2020



Presented by Inspiring Women Among Us

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- PGPIRG** PG Public Interest Research Group
- AB** The Abstract Podcast
- CFUR** 88.7 FM
- TRG** Two Rivers Gallery
- NWC** The Northern Women's Centre

**MON NOV 23**  
9:00 AM - 10:30 AM  
**Reimagining Feminism in Contemporary Collage**  
Sara Knelman of Two Rivers Gallery tells us about how artists have used collage to explore feminism and resistance. **TRG**

11:00 AM - 1:00 PM  
**Mentoring Workshop**  
Start the week off with an interactive workshop led by Shawna Dempsey, internationally renowned artist and mentoring expert **TRG**

4:30 PM - 6:30 PM  
**Reading, Resiliency, and Indigenous Leadership**  
Professional planner and author Elaine Alec presents her 2020 book Calling My Spirit Back. **TRG**

**TUE NOV 24**  
10:00 AM - 11:00 AM  
**Earth Embodiment Practices for Womxn**  
Celebrate your body with Carla from Chinook Yoga.

11:30 AM - 12:30 PM  
**PGPL Feminist Storytime**  
Find event at facebook.com/pglibrary **PGPL**

12:00 PM - 1:30 PM  
**Imposter Syndrome: Sharing Stories & Strategies**  
Led by life coach Zandra Ross.

5:30 PM - 6:30 PM  
**Claiming Spaces**  
Watch videos at iwau.ca & come to discuss!

7:00 PM - 9:00 PM  
**Mentoring Workshop**  
Workshop for artists about equity in the arts, led by Shawna Dempsey **TRG**

**WED NOV 25**  
11:00 AM - 12:30 PM  
**Commemorative Ceremony**  
Gather to mark the anniversary of the Montreal Massacre and to recognize **The National Day of Remembrance and Action on Violence Against Women**. **NWC**

Complimentary Tea/Coffee Tab Times & Locations:  
To receive a free beverage, visit the following locations at these times and say "I'm ready to share power now!" (ends when tab runs out)

**WED. NOV 18**  
**Cafe Voltaire**  
11:00 AM - 12:00 PM

**FRI. NOV 20**  
House of Ancestors (Una Dune Baiyo) and Zoe's Cafe  
9:30 AM - 10:30 AM  
Degrees Coffee (UNBC)  
11:00 AM - 12:00 PM and 2:30 PM - 3:30 PM

**SAT. NOV 21**  
Zoe's Java House  
12:00 PM - 1:00 PM  
The Makerie  
3:00 PM - 4:00 PM

**MON. NOV 23**  
House of Ancestors  
11:00 AM - 11:00 AM and 2:30 - 3:30 PM

**TUE. NOV 24**  
Degrees Coffee (UNBC) and Zoe's Java House  
11:00 AM - 12:00 PM

**WED. NOV 25**  
Degrees Coffee (UNBC) and The Makerie  
10:00 AM - 11:00 AM

- ALL GENDERS WELCOME -



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*Thank You!*

FOR ANOTHER SUCCESSFUL

**INSPIRING WOMEN  
AMONG US**